

## Early Head Start

A program for pregnant women, infants, and toddlers and their families which provides services, resources, and opportunities for success in the home and in the community.

Services may include:

- Weekly Home Visits
- Monthly Group Socializations - playgroups & field trips (zoo, museum, park, etc.)
- Individualized Monthly Lesson Plans
- Goal Setting
- Parenting Education
- Transportation to Health Appointments

Early Head Start is available to families who meet income guidelines, AND have at least one of the following:

- a pregnant mom
- an infant or toddler from birth to three years old, including those with special needs
- a foster child
- someone in the home that receives SSI, TANF (cash assistance), or CDC (childcare assistance)
- be homeless



For more information contact:

Early Head Start  
40 Cook Drive  
Bad Axe, MI 48413  
989-269-0011

## Family Mentor Program

The Family Mentor Program is a home visiting program for expectant moms and children ages prenatal to age 3 living in Huron County who are at-risk. Home visits are conducted using Nurturing Skills for Families Curriculum, which allows the Family Mentor to focus on the family's individual needs while maintaining the course of nurturing parenting.

The Family Mentor Program focuses on:

- Knowledge of Parenting and Child Development
- Nurturing and Attachment
- Social Support
- Family Support

While providing home visits, the Family Mentor will assist families in parenting management and support, increase positive parenting strategies and provide effective stress management tools.



Children's Trust Fund  
Protecting Michigan's Children

For more information contact:  
Huron County Health Department  
1142 S. Van Dyke  
Bad Axe, MI 48413  
989-269-3314

## Parents As Teachers (PAT)

PAT offers parents knowledge and skills to enhance their child's development during the crucial early years of life building a foundation for success in school and in life. Home visits take place on a regular basis in which parent educators work with parents to address parenting concerns, provide parenting support, and share age-appropriate information and activities for their children.

PAT offers:

- Information on child development from birth through age eight;
- Methods and activities to engage family members and enhance parent-child interaction promoting social and emotional development;
- Periodic screening for early identification of developmental delays or health, vision and hearing issues;
- Group meetings for parents and children promoting social interaction with other families and community members; and
- Referrals to needed community services.

*Helping parents to be their child's first and best teacher!*



Parents as Teachers

For more information contact:  
Huron Intermediate School District  
1299 S. Thomas Road, Suite 1  
Bad Axe, MI 48413  
989-269-3493

## Parent and Family Support Programs

### Maternal Infant Health Program (MIHP)

Provides home visits, support, and care coordination for Medicaid-eligible pregnant women and infants up to one year of age. Staff provide education and referrals focusing on promoting healthy pregnancies, positive birth outcomes, and healthy infant growth and development. Call the Health Department @ 989-269-9721 Ext. 120.

### Early On/Build Up

Offers early intervention services for infants and toddlers, birth through 4 years of age, with developmental delays and/or disabilities, and their families. Unsure if your child may have a delay, call the Huron Intermediate School District @ 989-269-9274 for a free developmental assessment.

### Infant Mental Health and Children's Services

Home visiting services for parents of young children. Call Huron Behavioral Health @ 989-269-9293 or ACCESS Alliance @ 800-448-5498.

### CARE Classes (Caring Adults Receiving Education)

Free training for parents and child care providers. Topics may include: typical and atypical development, transitions, science and math, speech and language, arts and crafts projects, sign language, child abuse/neglect, and staff/parent interactions. Call Early Head Start @ 989-269-0011 for the schedule of upcoming classes and to register.

### Playgroup

Playgroups are a time for young children to interact with other young children while enjoying playtime with their parents/guardians. Playgroups provide children with a variety of themed activities to participate in. Call 989-269-3493 for the schedule.

*Huron County Parenting Education brochure– Sept. 2017  
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Michigan Department of Education.*

## Services Promoting Healthy Babies

### Huron County Health Department: 989-269-9721

- Women, Infants and Children (WIC) Ext. 111
- Immunizations Ext. 136
- Children's Special Health Care Services: Provides financial assistance and case management to children who have a chronic health problem or handicapping condition. Ext. 133
- Substance Abuse Prevention: Provides information and referrals for substance abuse treatment. Ext. 110

### Breastfeeding Support Program : 989-269-2140

Free breastfeeding assistance for all breastfeeding or planning to breastfeed.

- Phone or "Drop In" support
- Lactation consultant
- Weight gain concerns
- Breastfeeding classes

### Great Start Parent Coalition

The Great Start Parent Coalition is a dedicated group of parents, grandparents and care givers who provide support, education and advocacy on the issues of early childhood. The coalition membership is open to anyone serving in a parenting role of any young children. Members of the parent coalition have the opportunity to build relationships with other parents of young children while being involved in the decision-making process to improve the early childhood system within Huron County. The parent coalition is a great way to make Huron County a better place for all children. Call 989-269-3493 to join!

### Give your kids a GREAT START!

For information about parent workshops and other resources for young children and families, please visit [www.greatstarthuron.com](http://www.greatstarthuron.com)

# Huron County Parenting Education & Support Programs



*“Helping you be the best  
parent you can be!”*

